



COURSE OUTLINE: PNG127 - HEALTH ASSESSMENT

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Approved: Rebecca Keown - Dean

Course Code: Title	PNG127: HEALTH ASSESSMENT
Program Number: Name	3024: PRACTICAL NURSING
Department:	PRACTICAL NURSING
Academic Year:	2025-2026
Course Description:	This course will provide the learner with the skills required to conduct a holistic health assessment for a normal healthy individual during all stages of the lifespan. The concepts of wellness, health promotion, health protection and client teaching will be integrated throughout the course.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	PNG111, PNG113, PNG115, PNG116, PNG117, PSY120
Corequisites:	PNG121, PNG130, PNG131
This course is a pre-requisite for:	PNG233, PNG234, PNG236, PNG238
Vocational Learning Outcomes (VLO's) addressed in this course:	<p>3024 - PRACTICAL NURSING</p> <p>VLO 1 Communicate therapeutically with clients and members of the health care team.</p> <p>VLO 2 Assess clients across the life span, in a systematic and holistic manner.</p> <p>VLO 4 Select and perform nursing interventions using clinical judgment, in collaboration with the client and, where appropriate, the health care team, that promote health and well-being, prevent disease and injury, maintain and/or restore health, promote rehabilitation, and/or provide palliation.</p> <p>VLO 6 Act equitably and justly with clients and members of the health care team.</p> <p>VLO 7 Adapt to a variety of health care settings, using different leadership skills and styles as appropriate to each setting.</p> <p>VLO 9 Practise in a self-regulated, professional and ethical manner, complying with relevant legislation and with the standards of both the regulatory body and the practice setting to provide safe and competent client care.</p>
Essential Employability Skills (EES) addressed in this course:	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 3 Execute mathematical operations accurately.</p> <p>EES 4 Apply a systematic approach to solve problems.</p>



	<p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
Course Evaluation:	<p>Passing Grade: 65%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
Other Course Evaluation & Assessment Requirements:	<p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p> <p>This course has a co-requisite grading requirement which includes:</p> <ol style="list-style-type: none"> 1. Achievement of 65% overall on written components (eg. tests and quizzes) Re-writes on written components of the lab are not available for this course. 2. Successful completion of scenario testing at 65%. 3. Satisfactory attendance and supervised skill practice. Attendance in lab classes is mandatory. If a lab is missed, the student will be expected to make it up within 2 weeks, satisfactorily demonstrating the objectives of the missed labs. Labs will not be re-taught. The inability to practice skills in the clinical practicum setting that were not supervised in lab will have implications for successful completion of the elements of performance. <p>Students must be successful in each component in order to be successful in the course overall.</p> <p>Professionalism / lab conduct: Students are expected to be punctual, have necessary equipment and resources and be prepared for practice. Lab preparation activities must be completed prior to the beginning of lab practice (required readings, videos). Students who are late or not prepared may be asked to leave the lab and this will be recorded as an absence. If a student misses 2 or more labs, or there are performance or professionalism issues are noted, the student will be at risk for failing the course. Failure to rectify the issues satisfactorily will result in a zero grade for the course.</p>
Books and Required Resources:	<p>Physical Examination and Health Assessment Canadian - Sherpath for Health Assessment DIGITAL package by Jarvis Publisher: Elsevier Health Sciences Division Edition: 4th ISBN: 9780443108334</p> <p>Pocket Companion for Physical Examination & Health Assessment, Canadian Edition by Jarvis Publisher: Elsevier HlthSciences Division Edition: 4th ISBN: 9780323827430</p>



Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Utilize a framework to conduct a holistic health assessment for a healthy individual.	1.1 Discuss the purpose of health assessment. 1.2 Explore frameworks that guide health assessment. 1.3 Explore the elements of a health assessment.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Perform a comprehensive health assessment of a healthy individual.	2.1 Describe the impact of communication skills on the interview process. 2.2 Adapt interview techniques to facilitate a health assessment. 2.3 Discuss the ethno-cultural and spiritual considerations involved in a health assessment. 2.4 Discuss elements of a nursing health history. 2.5 Conduct a health history for each system/health pattern. 2.6 Organize assessment data using a framework. 2.7 Identify age related variations and basic deviations from expected findings. 2.8 Perform a basic physical examination utilizing a framework. 2.9 Record and report findings of the basic physical examination. 2.10 Understand how to comprehend and respond to, and report assessment findings. Focused assessments (Skin, Hair and Nails, Eyes, Ears, Nose, Mouth and Throat, Respiratory, Cardiovascular, Peripheral vascular and lymphatic, Abdomen, Musculoskeletal, Neurological, Genitourinary, Mental Status and Pain) and Head to Toe assessment.
Course Outcome 3	Learning Objectives for Course Outcome 3
3. Utilize appropriate examination techniques.	3.1 Identify the equipment used in a physical examination. 3.2 Demonstrate the correct use of the equipment used in a physical examination. 3.3 Demonstrate accurate basic physical examination techniques for each system/functional health pattern using a framework approach. 3.4 Adapt physical examination techniques to various age groups. 3.5 Discuss examination techniques specific to each system/health patterns.
Course Outcome 4	Learning Objectives for Course Outcome 4
4. Integrate basic health promotion strategies during health assessment	4.1 Incorporate appropriate health teaching during a nursing health history and basic physical examination.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Scenario Testing	10%
Test # 1	25%

	Test # 2	30%
	Test # 3	25%
	Weekly quizzes	10%

Date: December 15, 2025

Addendum: Please refer to the course outline addendum on the Learning Management System for further information.